



## Pre Operative Instructions for Radiofrequency (RF)

Dear Patient,

Thank you for choosing our clinic for your vein treatment. To ensure the best possible outcome from your upcoming Radiofrequency (RF) Ablation procedure, please review and follow these instructions carefully:

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### Before the Procedure

#### Clothing:

- Wear loose-fitting, comfortable clothing. Avoid tight leggings or jeans.
- Bring your prescribed **compression stockings** with you to your appointment.

#### Hygiene:

- Shower the morning of your procedure.
- Do **not** apply lotions, creams, or powders to your legs.

#### Medications:

- Continue your regular medications unless otherwise instructed.
- Inform our office if you take **blood thinners** or have a history of bleeding disorders.
- Avoid **NSAIDs** (like ibuprofen or aspirin) for 24–48 hours before your appointment unless cleared by your physician.

#### Food & Drink:

- You may eat and drink normally before the procedure—no fasting is required.

#### Other:

- Notify the office immediately if you develop a fever, illness, or infection before the procedure date.

We appreciate your attention to these details. Your comfort and safety are our top priorities.

Sincerely,

**Dr. Ran S. Kim**

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