



Pre Operative Instructions for Venaseal

Dear Patient,

Thank you for choosing our clinic for your VenaSeal treatment. To support your recovery and achieve the best results, please follow the postoperative instructions below carefully.

Before the Procedure

Clothing:

- Wear loose-fitting, comfortable clothing on the day of your procedure.
- Avoid tight pants or leggings that may interfere with compression garments after the treatment.

Hygiene:

- Shower the morning of the procedure.
- Do **not** apply lotions, creams, or oils to your legs.

Medications:

- Continue taking your usual medications unless instructed otherwise by your physician.
- Inform our office in advance if you are on any blood thinners or have a history of bleeding disorders.
- Avoid NSAIDs like aspirin or ibuprofen 24–48 hours prior to the procedure unless otherwise advised.

Food and Drink:

- You may eat and drink normally before the procedure.
- There is no need to fast.

Thank you for preparing ahead of time. These steps help ensure a smooth and effective procedure.

Sincerely,

Dr. Ran S. Kim

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